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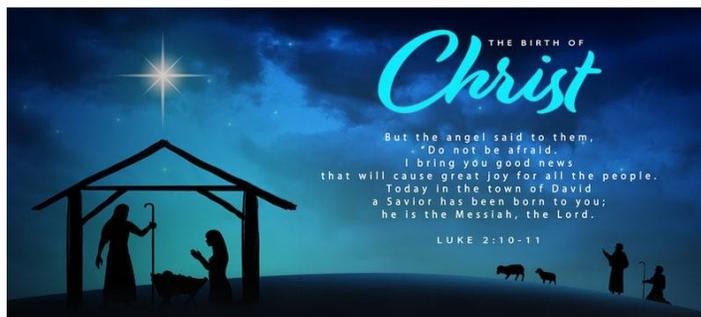
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Merry Christmas!



Jesus, constricted in his sacred mission by the fragility of flesh and blood, knows how fatigue impacts our ability to imitate him. We can struggle in prayer, tend to our basic needs and even retreat for quiet rest, but this is not enough. We also require the nurturing company of friends and family if we are to be fully refreshed and ready to serve again. We must take a break, but not always alone or on our own. We must be willing to ask our loved ones to “have a boat ready.” Perhaps the “boat” is a dinner hour without television, radio or smartphone; perhaps it is a ritual of a quiet evening walk together or a weekend away. The “boat” may change its format to suit life’s circumstances—such as COVID—but the existence of a “boat” and the importance of loved ones to help “have a boat ready” are vital aspects of a healthy life. We will need it to be able to fulfill our vocations.

How Jesus Avoided Burnout by Dolores Puterbaugh, PhD.

May you find your “boat” for your respite from the rush during this blessed season.

Pope Francis Prayer Intentions

For Pilgrims of Hope

We pray that this Jubilee Year strengthens our faith, helping us to recognize the Risen Christ in our daily lives, and that it may transform us into pilgrims of Christian hope.

The Rule

Statute 26: Use of Funds

The funds of the Society shall be used for the works of the Society, including Vincentian twinning and collaboration in payments for people we serve. However, no matter how worthy the cause, funds shall not be diverted in the forms of donations or contributions to other organizations or charities, except, occasionally, for other branches of the Vincentian family. The Treasurer is in charge as the responsible officer to ensure adherence per consultation with the Conference or Council.

ServWare

Please contact David at depaul505@gmail.com with questions and comments. A quick reminder from Larry, council CFO, “conferences should use the landlord/housing table for all rental assistance payments because that information is used to produce the 1099s.

Facebook

<https://www.facebook.com/abqsvdphriftstore>

Our Facebook Page is once again active. Please like the page and encourage your friends to like us also. This is a direct way to increase our media presence.



ABQ Flower Market



Our collaboration with ABQ Flower Market continues. Please see below the flyer for the December toy donation plan. You might ask that this flyer be a part of the parish bulletin. Information for the January animal companion donation event will be in the January newsletter. They are located at 3119 San Mateo NE so please visit them and thank them for this opportunity to increase our ability to help those in need.

<https://www.abqflowermarket.com/>

Instagram: @abqflowermarket

Frederic's E-Gazette

If you are not receiving Frederic's E-Gazette by email every Thursday, please click on this link and sign up to be included. Information every week with registration for webinars, including Voice for the Poor, annual reports, Getting Ahead and many more.

<https://visitor.r20.constantcontact.com/manage/opin?v=001OSVZXasZuMqwY5RmJuD7wV7eGedsYiQCq9K83oLI8JXw7qcRZKCbD-P50ePEug0tnj70Uc8MNXATTb4Q-DtP1-VCXWsRSxdckrxHibgCpg%3D>

The Manual

The Vincentian Family Today

-The International Association of Charities (AIC) or Ladies of Charity consists of 260,000 members in 49 countries

-The Congregation of the Mission (priests and brothers) has 4,000 members in 80 countries

-The Daughters of Charity have 24,000 members in 87 countries

-Vincentian Marian Youth groups number 240,000 members in 45 countries

-The Society of St. Vincent de Paul has more than 800,000 members in 152 countries

-The Sisters of Charity Federation counts 7,000 members

-The Association of the Miraculous Medal boasts 5-10 million members in 15 countries.

FY24/25 Calendar

Board Meetings (3rd Friday of month)

January 17, 2025

March 21, 2025

May 16, 2025

July 18, 2025

September 19, 2025

November 21, 2025

Jan. 11 – Ozanam Training at Holy Child in Tijeras

Jan. 15 - Albuquerque Thrift Store re-opening celebration

March 29 – Ozanam Training at St. Thomas Aquinas

March 6-8 - Midyear meeting St. Louis

April 26 - All Conference Annual Meeting–Venue and program TBD

August 27-30 - Annual meeting Louisville
Mountain Region meeting

If your District Council or Conference has special event dates, please send them to Linda so we can include them on our calendar.



ABQ FLOWER
M A R K E T

SPREAD THE HOLIDAY CHEER

TOY DRIVE

TOY DONATION TIERS:

Candy Cane (1-2 toys)
15% off OR petite bouquet (\$35 value)

Toy Soldier (3-4 toys)
20% off OR deluxe arrangement (\$70 value)

Sugar Plum (5-9 toys)
30% off OR holiday centerpiece (\$140 value)

Royal Nutcracker (10+ toys)
VIP floral design workshop for you
+ a friend in January, complete with refreshments,
premium blooms, and gift bags!

Collecting toy donations until 12/20



SCAN FOR
MORE
DETAILS

